

bodytemple



Located at Finns VIP Beach Club



WHAT
DOES
YOUR
BODY
NEED
TODAY?

UP TO
30%
OFF

FOR FINNS BALI
MEMBERS

O·P·I

Shellac™

THALGO
LA BEAUTE MARINE

The Beauty Ocean Collection
ANGEL PRO®

  bodytemplebali

bodytemplebali.com



Each of our treatments have been carefully designed to ensure you achieve a specific benefit. Expert techniques, well-designed facials, massages and body treatments, unparalleled service and top quality products all combine to create an experience that is unique to you and your needs.

Also on offer are top quality nail services, all delivered in a relaxing oasis and to the highest standards.

ARRIVAL TIME

Please arrive 15-minutes before the appointment schedule to enjoy the welcome drink. During this time we may also need your personal information and your needs before commencing your choice of treatment. Late arrival will result in reduced treatment time.

HEALTH

A consultation form is given on first visit only. Please share with our team prior to your treatment if you have illness, injuries or allergies, so that your treatment is tailored accordingly.

PREGNANCY

Some of our treatments are not recommended for a "mother to be". Please share this great news with us.

CANCELLATION POLICY

We request a minimum 12-hours notification if you are not able to come for your appointment.

FINNS VIP BEACH CLUB

Finns Beach, Canggu

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WHAT DOES YOUR BODY NEED TODAY?

OUR PARTNERS

O·P·I

The world leader in the professional nail care industry, OPI is committed to providing high-quality products. Known for its exceptional formula, fashionable colours and iconic names, OPI's heavily-pigmented lacquers are super rich, long-lasting and chip-resistant, offering affordable luxury.



Angel pro gelly polish glides on brilliantly and last weeks without losing shine, breaking, chipping or smudging. Even more amazing, it soaks off easily without damage to your nails.

Angel pro gelly polish contains no harmful chemicals found in traditional nail enamel.

Shellac™

Shellac™ is a cross between nail polish and gel. It's applied like regular nail polish and then cured using a UV lamp.

Shellac™ lasts much longer than your regular manicure; up to 14 days without chipping or peeling. Drying time is instant, making the application process fast and ensuring your polish doesn't smudge.

THALGO
LA BEAUTE MARINE

Founded in 1964, Thalgo was established to create algae-based products for the medical field. Today, THALGO has become the uncontested name in the world of 'Marine Beauty'. Developing and marketing treatments in more than 90 countries for thalassotherapy centres, spas and resorts. In France, one out of five centres has chosen Thalgo as its partner brand.



Massages

Traditional Balinese Massage

A traditional massage originating from the island of the gods. Ideal for those who would like to experience a full body massage starting from the soles of your feet and working up to the head. The therapist will apply soft to medium pressure using a combination of long strokes, gentle stretching and kneading. It is a great way to stimulate blood flow, release stress, and calm your body and mind.

60 min ^{Rp.} **425,000**

90 min ^{Rp.} **575,000**

Soothing Warm Stone Massage

A combination of two different massages into one blissful treatment. A hand touch Balinese Massage and a warm basalt stone treatment will create deep muscle relaxation. Designed to help reduce insomnia, stress and reduce muscle pain.

90 min ^{Rp.} **625,000**

Work Out Recovery Massage

A massage with fast and deep movements including knuckling, Lomi-Lomi and thumb pressure techniques. Designed to assist with chronic aches and pains and problematic areas such as a stiff neck and upper back, lower back pain, leg muscle tightness and sore shoulders after exercise.

60 min ^{Rp.} **475,000**

90 min ^{Rp.} **600,000**

Foot Reflexology

A traditional Chinese healing therapy focusing on the reflex points of the foot soles to restore natural flow of body energy.

60 min ^{Rp.} **400,000**

Bamboo Massage (Our Signature)

A full body massage with a combination of hand strokes, soft bamboo sticks and warm aromatherapy candle massage oil. Guaranteed to put you in a state of deep relaxation.

90 min ^{Rp.} **625,000**

Prenatal Massage

Pregnancy is a wonderful journey for every women but often leads to discomfort such as back pain, stress and sleep disorder. This treatment with our pregnancy safe oils is perfect for a "mummy to be".

60 min ^{Rp.} **475,000**



Facials

Illuminate Radiance Facial

Reveal your skins beauty and radiance in just 45 minutes! An energizing finger pressure massage helps the smoothing and radiance boosting ingredients absorb into the skin. The application of Absolute Radiance Concentrate to the face and neck awakens the skin. The treatment is finished with a skin-type appropriate cream, leaving the complexion fresh, glowing and radiant.

45 min ^{Rp.} **625,000**

Beauty Revealing Ritual

This facial is for those with dry and dehydrated skin. Begin the ritual with a signature welcome massage with marine scent spray recreating the rhythmic motions of the sea. Your skin will be gently cleansed and exfoliated with an active enzyme scrub, active marine ingredients and then serum applied. A face, shoulder and arm massage is provided while the hydration mask goes to work. A gel cream is applied to leave the skin hydrated.

60 min ^{Rp.} **775,000**

Marine Softness Ritual

Sensitive skin always needs extra care. This gentle facial will diffuse redness and calm irritation. Gentle cleansing followed by active enzyme scrub is ideal for sensitive skin, a nourishing and cooling double mask is then applied. Enjoy a shoulder and arm massage, followed by bio protecting cream to leave the skin feeling fresh, cool and soothed.

60 min ^{Rp.} **800,000**

Pure Freshness Ritual

A facial treatment specifically for oily and combination skin. With concentrations of active ingredients Controlamine and burdock extract, this facial is designed to control excessive oil production, minimize pores and mattify skin. Also enjoy a shoulder and arm massage.

60 min ^{Rp.} **775,000**

THALGO Men's Facial

A facial enriched with extracts of Algae Bleue Vitale, cellular energising complex and a strong yet relaxing massage to relieve tension on the face, shoulders and arms. The treatment addresses men's needs by energising the skin, fighting cellular stress, encouraging cell renewal and fighting the first signs of aging. The skin is revitalised and perfectly balanced.

60 min ^{Rp.} **775,000**



Body Treatments & Packages

Cellu-Fight Body Treatment

A blend of natural products, coffee, honey, olive oil and mint will help you to eliminate dead skin cells while reducing the appearance of cellulite.

60 min ^{Rp.} **475,000**

Relaxing Journey To Polynesia

Experience a journey to Polynesia. Begin the ritual by stepping off at Taha'a island, known as Vanilla Island with a Vanilla scent body scrub, then continue to feel the relaxing warmth of Bora Bora's sand pouch massage, ending in Raiatea (sacred island) with the application of sacred oil to leave your skin soft and shimmery.

90 min ^{Rp.} **750,000**

Slimming Detox by THALGO

Ideal to combat cellulite, deep fat and loss of firmness. It includes a combination of THALGO products Oxy-Active and SculpActive along with specific massage techniques. Combined with an exclusive body wrap with active oxygen, localised slim and firm serum, this treatment will leave you slimmer, firm and toned.

90 min ^{Rp.} **850,000**



After Sun Cooling Treatment

Sometimes sunscreen is not enough. Relieve sunburnt skin with a soothing and cooling aloe vera based treatment. Start with a shower to prepare your skin for aloe vera absorption via the body wrap. While the wrap goes to work, our therapist will cleanse your face before applying a face mask, and providing a head massage to complete your treatment after a day in the sun.

60 min Rp. **600,000**

Glowing Face and Body Treatment

A great combination of THALGO body and facial treatments. Begin the THALGO experience with a creamy textured body scrub followed with a THALGO facial for a radiant complexion. Guaranteed to get your glow back.

90 min Rp. **950,000**

Energizing Men's Package

A spa package just for him. It includes an energizing massage, coffee body scrub and THALGO men's facial. Spoil yourself at our beautiful spa.

150 min Rp. **1,500,000**

Refreshing Ladies Package

A spa package just for her. Start your treatment with a relaxing massage, followed by a 60 minute THALGO facial, tailored according to your skin type. The package is complete with a manicure-pedicure with polish application. Just a perfect spa day!

180 min Rp. **1,625,000**



Manicure & Pedicure

Essentials Manicure or Pedicure

Cut, file, scrub, cuticle work, foot file and massage

OPI Polish	60 min	Rp. 280,000
Angel Pro Gel Polish	75 min	Rp. 350,000
Shellac Gel Polish	75 min	Rp. 375,000
Without Polish	45 min	Rp. 225,000

Express Manicure or Pedicure

Cut, file, and scrub

30 min Rp. 175,000++

Nail Polish Application

Nail shaping included

OPI Polish	20 min	Rp. 200,000
Angel Pro Polish	30 min	Rp. 300,000
Shellac Polish	30 min	Rp. 325,000

Extras

Gel Polish Removal (included free with a mani/pedi)	20 min	Rp. 50,000
French Polish	15 min	Rp. 50,000
Nail Art	30 min	Rp. 125,000
Head and Shoulder Massage	20 min	Rp. 150,000



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